



# DREAM & ACTIVATION

HOW NEW HAVEN COMMUNITY MEMBERS ARE SEEDING/ HARVESTING/ LIVING DEEPER CHANGE

**26****8:30 AM - 3:00 PM**SEPT  
2019Whitneyville Cultural Commons  
1253 Whitney Ave. Hamden, CT**REGISTRATION REQUIRED****WWW.CEIO.ORG****Eric Rey**  
**Black Obsidian**  
**Men's Group**

Eric has a deep desire to help people thrive. Being a healer and a helper requires that he pursue his own well-being with the same vigor. Eric's pursuit of growth was hindered by a lack of safe spaces for Black men. So...he decided to create one.

**Raven Blake**  
**Love Fed**

Raven is an Elm City native and seasoned hospitality professional who has worked in various parts of the food & beverage industry between CT and NY. Her motivation for Co-founding Love Fed is rooted in her unwavering belief that healthy and affordable food and prosperous environments are a human right.

**Rachel Liu**  
**Bloodroot Sessions**

Rachel (she/hers) is a photographer, artist, and the creator of Bloodroot Sessions. She curates healing photographic experiences for womxn on the path back to their bodies in the form of private studio sessions, retreat experiences and community viewings. She believes that the work of radical liberation and healing for the collective begins in our bodies.

**Hillary Bridges**  
**Telling Our Story**

Hillary is dedicated to helping young Black people and peoples of color discover their histories of resilience and brilliance along with the historical causes of the racial disparities they see around them. She co-founded Telling Our Story whose programs include Students for Educational Justice, a youth-led, intergenerational organizing body that drives efforts for racial and educational justice in CT and the Black Heritage Academy.

**Katie Jones**  
**Mud Is Gold**

Katie is a visionary community activator. She believes our [re-]connection with nature and arts support self and community healing, liberation, and actualization. In Spring of 2019, Katie co-founded a youth-centered Earth Building Collective \*Mud is Gold\* that designed and built a circular bench in Newhallville, in the spirit of community and connection.

**Thema Haida & Hanifa Nayo Washington**  
**One Village Healing**

At the intersection of arts, healing, and justice- One Village Healing [OVH] is an emerging New Haven based wellness and healing arts initiative dedicated to creating spaces, convenings, and programming, rooted in the values of the healing justice movement to collectively heal from the impact of systems of oppression so we can all live wildly liberated, connected, inspired, and healthy lives.

**Isha Vela**  
**Embodied Quest**

Isha Vela is a psychologist, certified body worker, and founder of Embodied Quest, LLC, a somatic-energetic practice focused on community-based healing. Isha supports social justice activists, healers, and artists in their quest for inner liberation. Isha is currently launching a service leadership program for passionate Latinx women.

**CEIO Youth Program**

Discover what this inspiring team is up to! CEIO Youth is dedicated to bringing youth together to co-create change, to actualize our collective power, and to heal through organizing!

**Robert Sheiman**  
**Whitneyville Cultural Commons**

As the executive director of the WCC, Robert's priority is to make resources available to anyone and everyone who needs them - to forge partnerships and provide services that will allow for community members' entrepreneurial growth, social joy, and artist expression. To accomplish this, he writes a lot of emails.

**MUSICAL GUESTS!****FINN & RU**



CO-CREATING EFFECTIVE & INCLUSIVE ORGANIZATIONS PRESENTS:

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**CEIO Youth Program**

**"We are the ones we've been waiting for."  
~June Jordan**

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