Co-Creating Effective & Inclusive Organizations (CEIO) Presents:

Liberation Embodied

The Ballroom @ Breathing Room
216 Crown Street, 3rd floor, New Haven CT 06510

A SPECIAL DEEPER CHANGE FORUM & COMMUNITY OF PRACTICE

Deeper Change Forums invite fundamental transformation. A change that is so deep that a return to the previous conditions is utterly inconceivable.

REGISTER @ WWW.CEIO.ORG
MORNING
A Special Deeper Change Forum. Limited spaces.

830 - 1130A OPENING RITES
During this restorative and hands on Deeper Change Forum we will explore - What does the body have to teach us about staying present in the midst of horrible acts of injustice? How can we restore ourselves: mind, body & spirit, that we might support the restoration of our communities? How can we locate the trauma that is blocking the paths to power? Why should we cultivate a body-based activism?

Come ready to move, dig deep, and truth tell.

AFTERNOON
Community of Practice CEIO Partner Organizations, invited guests, and the Organizer’s Path Cohort will continue with Seane Corn.

1200 - 300P STRETCHING INTO ACTION
Applying the learning to our life work, community movements, classrooms, and healing practices.

BIO
Seane Corn is an internationally celebrated yoga teacher known for her impassioned activism, unique self-expression, and inspirational style of teaching. Featured in commercials, magazines, NPR, and Oprah.com, Seane now utilizes her national platform to bring awareness to global humanitarian issues. In 2005, she was named “National Yoga Ambassador” for YouthAIDS, and in 2013 was given the “Global Green International Environmental Leadership Award.”

Since 2007, she has been training leaders of activism through her co-founded organization Off the Mat, Into the World®. Seane has spent time in the US, India, Cambodia, Haiti and Africa working with communities in need - teaching yoga, providing support for child labor and educating people about HIV/AIDS prevention. Seane is also co-founder of the Seva Challenge Humanitarian Tours, which have raised roughly $4.5 million since 2007, getting the yoga community involved in fund and awareness raising efforts across the globe.